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SENSE Erasmus+ Project

@senseerasmusplus

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SENSE

SENSE: Sensory Stimulation for Seniors with Dementia through Specialized Activities

Project no. 2024-1-PL01-KA220-ADU-000244087

Co-funded by the European Union

Aim

The SENSE project aims to drive meaningful and also inclusive improvements in dementia care by focusing on key objectives that enhance caregiving practices, support stakeholders, and promote accessible, innovative solutions.

Objectives

- To provide health workers with practical skills aimed at supporting and elevating the quality of life for individuals with severe dementia.
- To educate caregivers on various aspects of dementia, sensory stimulation, and proper caregiving techniques.
- To raise awareness of the importance of comfort for severe dementia patients.
- To create a synergistic approach by integrating the education of essential skills for health professionals and adult educators with the innovative methodology of Snoezelen development.

Results

A Comprehensive Guide to Dementia Care and Intervention Techniques

A practical resource outlining person-centered dementia care approaches and evidence-based intervention strategies.

Innovative Practical Tools for Sensory Activation

A collection of easy-to-use tools designed to stimulate the senses and promote cognitive and emotional engagement.

A Set of Video Tutorials for Caregivers on Effective Intervention Techniques

Short, guided videos demonstrating practical dementia care and intervention methods. They help caregivers confidently apply techniques in real-life care settings.