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**SENSE Erasmus+  
Project**



**@senseerasmusplus**



**[www.senseerasmusplus](http://www.senseerasmusplus.eu)**



**SENSE: Sensory  
Stimulation for  
Seniors with  
Dementia through  
Specialized Activities**

**Project no. 2024-1-PL01-KA220-ADU-  
000244087**

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## **A Comprehensive Guide to Dementia Care and Intervention Techniques**

A practical resource outlining person-centered dementia care approaches and evidence-based intervention strategies.

## **Innovative Practical Tools for Sensory Activation**

A collection of easy-to-use tools designed to stimulate the senses and promote cognitive and emotional engagement.

## **A Set of Video Tutorials for Caregivers on Effective Intervention Techniques**

Short, guided videos demonstrating practical dementia care and intervention methods. They help caregivers confidently apply techniques in real-life care settings.

# **Results**

# **Objectives**

- To provide health workers with practical skills aimed at supporting and elevating the quality of life for individuals with severe dementia.
- To educate caregivers on various aspects of dementia, sensory stimulation, and proper caregiving techniques.
- To raise awareness of the importance of comfort for severe dementia patients.
- To create a synergistic approach by integrating the education of essential skills for health professionals and adult educators with the innovative methodology



# **Aim**

The SENSE project aims to drive meaningful and also inclusive improvements in dementia care by focusing on key objectives that enhance caregiving practices, support stakeholders, and promote accessible, innovative solutions.

